



«ЗАТВЕРДЖУЮ»

Президент  
УФББ/ВABBA-України  
С.Р. Шеремета



**REGULATIONS  
of European Open Cup  
Bodybuilding, Fitness and Bodyfitness WABBA 2017**

**1. PURPOSE AND OBJECTIVES**

- Further development of bodybuilding in Europe and in Ukraine;
- Selection of athletes from Ukraine to participate in the World Championship 2017, which will take place June 17, 2017 in. Mexico City (Mexico);
- Promoting a healthy lifestyle;
- Increasing the skill level of athletes.

**2. DATE AND PLACE**

The Competition will take place on 19-20 May 2017 at the address: str. Khreshchatyk 2, Kyiv 01001, Ukraine.(DP National Center for business and cultural cooperation "Ukrainian House")

Arrival day of management of the federation, presidium, judges and the organizing is 18 May 2017. Day of departure - May 21, 2017.

**Official Hotel:**

The judges, athletes and accompanying can accommodate in the hotel "Dnipro", located at str. Khreshchatyk 1/2, Kyiv, 01001, Ukraine

**3. ORGANIZATION AND MANAGEMENT**

The general management is done by WABBA Ukraine. The direct organization of competition is under responsibility of Kyiv Regional Federation WABBA and the panel of judges:

<b>Head of the organizing committee - Paerand Alexander</b>	(tel .: +38050 213 90 50)
<b>Chief Judge – Podolsky Vitaly</b>	(tel .: +38098 175 75 75)
<b>Chief Secretary - Napolov Taras</b>	(tel .: +38063 072 10 22)
<b>Secretary - Podolska Anna</b>	(tel .: +38096 820 48 63)
<b>General management - Sheremeta Svyatoslav</b>	(tel .: +38050 370 56 83)

**4. PARTICIPANTS**

To participate in **The Open European Cup bodybuilding, bodybuilding and fitness WABBA 2017** allowed all athletes who have passed registration successfully.

## 5. CATEGORIES:

### MEN - BODYBUILDING

1. JUNIOR - All athletes born in 1992 and after (as of 2017)
2. X-SHORT - up to 165 cm
3. SHORT - up to 170 cm
4. MEDIUM - up to 175 cm
5. TALL - up to 180 cm
6. X-TALL - over 180 cm
7. MASTER – 40 years old the day of the competition
8. SUPERMASTER - 50 years old the day of the competition

### MEN CLASSIC

9. SHORT - Up to 175 cm – maximum weight = (height – 100) + 5%
10. TALL - Over 175 cm – maximum weight = (height – 100) + 5%
- 11.

### MEN - FITNESS (MEN PHYSIQUE)

12. Up to 175 cm – maximum weight = (height – 100)
13. Over 175 cm – maximum weight = (height – 100)

### MISS BIKINI

14. Miss BIKINI Juniors – All athletes over 1993 year of birth (as of 2017)
15. Up to 162 cm
16. Up to 167 cm
17. Over 167 cm

### MISSIS BIKINI

18. 30 years old the day of the competition
19. 35 years old the day of the competition

20. MISS MODEL (Beauty)
21. MISS SHAPE (Athletic models)
22. MISS FITNESS (Bodyfitness)
23. COUPLES
24. DISABLED
25. Men BODYBUILDING – Absolute category (winners from MEN categories).
26. Women MODEL FITNESS – Absolute category (winners from all women bikini categories).

To confirm the identity and age during the registration must have a **copy of the passport** (birth certificate for persons not reached 16 years of age) and the **identification code**. Posing routine of every participant is performed under their own soundtrack provided by a participant on the digital media (flash card) in **MP3-format** during registration. Duration of each posing routine up to 60 seconds.

### Mandatory insurance / entry fee of one participant:

**For all athletes - 50 EUR**

**Participation in additional categories \* - 200 UAH for athletes of WABBA Ukraine, 20 EUR for athletes from other countries..**

*\* After paying the insurance fee athlete receives a certificate (membership card) WABBA Ukraine.*

## 6. VISAS

All persons needing an invitation in order to obtain a visa, must urgently address a request to their national committee.

## 7. LANGUAGE AND OFFICIAL CURRENCY

**Ukrainian and English.** Currency – Euro and Hryvnia.

## 8. COMPETITION TAN

The use of tanning creams is forbidden (Dream Tan). Only the use of non creamy tans like ProTan or Jan Tana is allowed.

## 9. SCHEDULE OF THE EVENTS

**Friday, 19 May 2017**

**18:00 - 21:00 – registration of athletes** (Indoors of DP National Center for business and cultural cooperation "Ukrainian House").

**Saturday, 20 May 2017**

**10:00 - 16:00 – semifinal**

**18:00 - 21:00 – final**

## 10. PROCEDURE FOR DETERMINING THE WINNERS

Winners in the categories determined by the amount of points in the mandatory posing and posing routines.

## 11. AWARDS

Athletes who took 1-3 places in each category will be awarded with diplomas, cups, medals and prizes from sponsors. The absolute champion is awarded cup, diploma, medal and prizes from sponsors.

## 12. TERMS OF COMPETITION

Travel expenses (travel, accommodation, meals, per diem) of participants, coaches, representatives and judges - under supporting organizations. Costs related to the organization and awarding athletes - under the organizers.

**This regulations is an official call for competition  
(there may be changes to the regulations)**

[www.wabba.org.ua](http://www.wabba.org.ua)



[www.fb.com/wabbaukraine](http://www.fb.com/wabbaukraine)



[www.vk.com/wabba](http://www.vk.com/wabba)



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